

Young Person Social Prescriber

Job Description & Personal Specification



Overview

The PFC Trust, in collaboration with partners, has taken a proactive approach to address the mental health and well-being challenges faced by young people in Hartlepool by employing a Young Person Social Prescriber. The Young Person Social Prescriber's role is to support individuals aged 11-18 years who are experiencing emotional distress, social isolation, disconnection, or disorientation through a method known as "Young person social prescribing." This approach involves building relationships based on mutual trust and understanding, exploring the young person's life circumstances, taking a whole systems approach to support, identifying their likes and interests, and connecting them to a diverse range of social, sporting, and educational opportunities available in Hartlepool.

The Role

The role of the YPSP (Young Person Social Prescriber) is to:

- Referral Management: Receive referrals from various organisations in conjunction with West View Project, including schools and youth services.
- Personalised Engagement: Meet young people in comfortable settings to build trust and rapport.
- Tailored Social Plan: Develop personalised "social plan" based on the young person's needs and interests.
Connect them to suitable organisations or activities, such as sports clubs or educational resources.
- Ongoing Support: Provide support to help young people engage with prescribed opportunities. Assist with initial sessions or address barriers to participation as needed.
- Follow-up and Evaluation: Conduct periodic follow-ups to assess the effectiveness of the social prescription and make adjustments as necessary.
- Collaboration and Professional Development: Collaborate with other Social Prescribers within Primary Care Networks (PCNs) to share best practices and enhance support strategies.
- Integration with West View Project: Align activities with the goals of the West View Project, contributing to its mission while benefiting from its resources and expertise

The Young Person Social Prescriber will also adhere to:

- Policy Compliance and Safety:
 - Work within established policies and procedures, including:
 - Confidentiality protocols
 - Safeguarding guidelines
 - Lone working policies

- GDPR standards
 - Health and Safety Regulations
- Information Management:
 - Maintain up-to-date digital systems with information on:
 - Service providers for young people
 - Available activities and programs
- Youth Engagement:
 - Regularly consult with young people
 - Gather feedback on services and experiences
- Multi-Agency Collaboration:
 - Engage periodically with a network of organisations
 - Participate in collaborative efforts to deliver social prescribing activities for young people
- Continuous Improvement:
 - Use feedback and collaboration insights to enhance service delivery
 - Stay informed about new opportunities and resources for young people

Individual Qualities

- **Exceptional Interpersonal and Communication Skills:** Ability to build strong, trust-based relationships with young people
Skill in motivating youth to realise their full potential
Proficiency in active listening and providing non-judgmental, person-centred support
Capacity to communicate effectively, both verbally and in writing, with families, carers, community groups, and partner organisations
- **Advanced Networking Abilities:** Comprehensive knowledge of statutory, voluntary, and community services for young people
Aptitude for developing and maintaining productive working relationships with diverse organisations
- **Demonstrated Commitment to Equality and Social Inclusion:** Proven track record of promoting inclusive practices and equal opportunities
- **Exceptional Organisational Skills:** Proficiency in managing complex workloads and caseloads effectively
Strong attention to detail in all aspects of work
- **Creative Problem-Solving:** Ability to navigate obstacles and adapt to varying situations with innovative solutions
Skill in managing and responding to a range of variables in the work environment
- **Positive Attitude and Resilience:** Consistent display of enthusiasm and optimism in the face of challenges
Ability to maintain a constructive outlook when working with diverse youth populations

Qualifications and professional development

The successful candidate will possess one of the following:

- Level 3 or above qualification in Youth Work or equivalent: Demonstrated work experience of at least 2 years in a youth work or related field

In addition, the candidate must:

- Be currently undertaking a Level 3 or above qualification in Youth Work or equivalent
- Demonstrate a strong commitment to professional and personal development

Management & Accountability

There will be two components to management of the post:

- **Strategic management**

This post is funded by Hartlepool's Primary Care Networks and is managed jointly by the Primary Care Networks, The PFC Trust, West View Project and the Hartlepower.

A small steering group of the PFC Trust, Hartlepower, PCN's and West View Project will oversee this project. These organisations, alongside others, collectively are the group dedicated to the supporting and developing healthy environments in which people of all ages can prosper.

- **Daily management & support**

The postholder/s will be based with the West View Project. The postholder will receive daily management and support from the West View Lead.

Employer, location and practical requirements

The PFC Trust will employ the postholder/s. The postholder/s will be based within the West view Project offices in Hartlepool. However, a good proportion of the post-holder's time will be spent within the Hartlepool community.

Working Conditions	Details
Contract & Hours	<p>12-month contract initially - 37 hours per week</p> <p>The role may be required to adopt flexible working hours, including evenings and weekends, to accommodate the young people you will be working with. This flexibility ensures that you can effectively engage when they are most accessible. The ability to adapt to their schedules allows you to maximise participation.</p>
Salary	Annual salary £25,974 per annum
Pension	The PFC Trust will contribute 3% of salary as per statutory obligation.
Travel requirements	The post-holder/s will be expected to travel extensively throughout Hartlepool & further afield as necessary and purchase business insurance in the case car travel. Travel expenses will be reimbursed.
Training Requirements	The post-holder will be expected to attend professional development training as necessary.